# Victorian Healthcare Quality Association May 28- 29 2015, St Kilda, Victoria

Consumer Participation: What it really looks like and how organisations are achieving it

## Stephanie Newell

Consumer Advocate

Chair, Partnering with Patients Advisory Committee, Clinical Excellence Commission of New South Wales

Patient Safety Champion, Patients for Patient Safety World Health Organization

Personal

Collaboration

Consumer - led



Marcus Newell

Born 5th March 2002

Died 5<sup>th</sup> March 2002

# Patients for Patient Safety (PFPS)







- An approach to empower and capacity build patients and families as informed and knowledgeable health-care partners
- A platform to bring the patient voice to health care
- A mechanism to facilitate and foster collaborations - patients, families, communities, health-care providers and policy-makers





## Inaugural Patients for Patient Safety meeting London 2005







## Roles of WHO in patient, family and community engagement



**WHO HQ** 

PFPS Network	Strengthen capacity, communication, advocacy
Policy-makers	Collaborate with WHO, national, international organisations
Academic institutions	Create and share knowledge through research, education and training
Health-care providers	Facilitate patient-engagement at hospitals and health-care facilities
Civil society and NGOs	Collaborate with NGOs and professional organisations







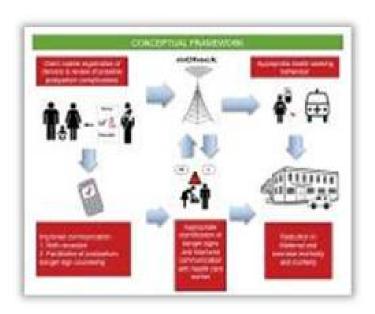


## Patient For Patient Safety Champions

#### Mother and Newborn Safer Care Tool

- Consumer Led research
- For consumers by consumers
- Empowering mothers and their families in the first 7 days following childbirth

Millennium Development Goal: Maternal and Child Health



Safe Surgery Checklist
Patient involvement in safety in surgery
WHO Global Challenge



## Patients for Patient Safety Champions

- WHO Regional & In-country Workshops
- WHO Global Challenges
  - Clean Care is Safer Care
  - Safe Surgery
- WHO programs and initiatives
  - Multi-professional patient safety curriculum guide
  - Radiation Risk Communication in Pediatric Imaging
  - International Agency for Atomic Energy Radiation Protection in Medicine
- The World Innovation Summit for Health (WISH)
- International Society for Quality in Healthcare (ISQua)

# Patientcentred

Care: Improving qualit and safety throu partnerships with patients and consumers



AUSTRALIANCOMMISSIONON SAFETYANDQUALITYINHEALTHCARE

#### **AUSTRALIAN CHARTER OF HEALTHCARE RIGHTS**

The Australian Charter of Healthcare Rights describes the rights of patients and other people using the Australian health system. These rights are essential to make sure that, wherever and whenever care is provided, it is of high quality and is safe.

The Charter recognises that people receiving care and people providing care all have important parts to play in achieving healthcare rights. The Charter allows patients, consumers, families, carers and services providing health care to share an understanding of the rights of people receiving health care. This helps everyone to work together towards a safe and high quality health system. A genuine partnership between patients, consumers and providers is important so that everyone achieves the best possible outcomes.

#### **Guiding Principles**

These three principles describe how this Charter applies in the Australian health system.

- 1 Everyone has the right to be able to access health care and this right is essential for the Charter to be meaningful.
- 2 The Australian Government commits to international agreements about human rights which recognise everyone's right to have the highest possible standard of physical and mental health.
- 3 Australia is a society made up of people with different cultures and ways of life, and the Charter acknowledges and respects these differences



For further information please visit AUSTRALIANCOMMISSIO SAFETYMOQUALITYMHEALTHCARE

#### What can I expect from the Australian health system?

MY RIGHTS	WHAT THIS MEANS
Access	
I have a right to health care.	I can access services to address my healthcare needs.
Safety	
I have a right to receive safe and high quality care.	I receive safe and high quality health services, provided with professional care, skill and

Respect I have a right to be shown The care provided shows respect, dignity and consideration. respect to me and my culture, beliefs, values and personal characteristics.

Communication I have a right to be informed I receive open, timely and appropriate communication about my health care in a way I about services, treatment, options and costs in a clear and Participation

I have a right to be included in I may join in making decisions decisions and choices about my and choices about my care and about health service planning. Privacy

I have a right to privacy and My personal privacy is confidentiality of my personal maintained and proper handling of my personal health and other ation is assured. Comment

I have a right to comment on my I can comment on or complain care and to have my concerns about my care and have m concerns dealt with properly and

Governance for Safety and Quality in Health Standard 1 **Service Organisations** 





Standard 4 - Medication Safety

Standard 5 - Patient Identification and Procedure Matching

Standard 6 - Clinical Handover

Standard 7 - Blood and Blood Products

Standard 8 - Preventing and Managing Pressure Injuries

Recognising and Responding to Clinical Deterioration in Acute Health Care Standard 9

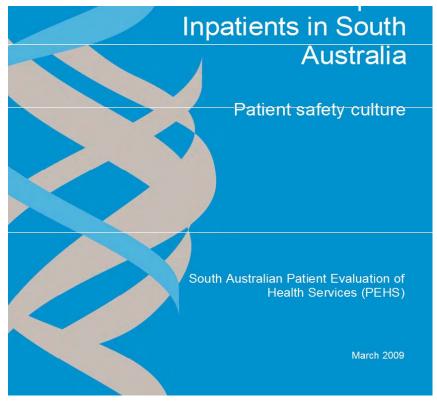
Standard 10 - Preventing Falls and Harm from Falls

# Consumer – led planning & design

- Safety and Quality highest level
- Developed TOR's
- Work Plan
- Built meeting and reporting structure with relational committees
- Resourced secretariat, remuneration
- Regular Communique
- Planned conferences Open Disclosure, Aust S & Q conferences
- Radiotherapy underdosing of 862 patients plain english website, letters, consumer outcomes
- Designed Parallel Public Hospital Inpatient Patient Safety Culture Survey to Staff Survey

# User Led Design

4207 inpatients 400 yes – adverse event occurred 125 – yes, event almost ocurred

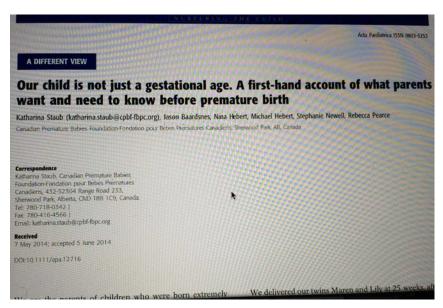


- .Wrong medication given 130
- .Medication/treatment was not given even though it had been ordered 57
- .Wrong procedure performed 26
- .Wrong diagnosis 12
- .Adverse effects meds/ treatment 75
- .Infection surgery/hospital stay 30
- .Injury (eg. Fall) result of stay 46
- .case notes, treatment details or test results lost or overlooked 27
- .Unnecessary surgery, procedure or treatment 14
- .Requested diet not given 11
- .Problems with intravenous access/fluid delivery 22
- .Uncontrolled pain after procedure 29

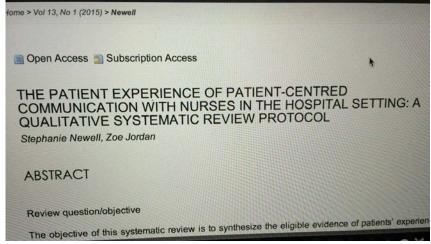
# 525 patients experienced an adverse event

- Nothing, did not report 197 37.4
- Questioned health care professional involved at time of incident 177 33.7
- Reported to health care professional in charge of ward/area 98 18.7
- Reported to uninvolved health professional
   22 4.3
- Spoke to the patient advisory service about making a complaint 11 2.1
- Reported to the hospital 7 1.3
- Spoke to own GP about it 15 2.9

#### Acta Paedatr Oct 2014



#### Master of Clinical Science by Research







BMJ 2015;350:g7582 doi: 10.1136/bmj.g7582 (Published 10 February 2015)

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### **ANALYSIS**

SPOTLIGHT: PATIENT CENTRED CARE

# New South Wales mounts "patient based care" challenge

The Clinical Excellence Commission in New South Wales is driving person centred care by stimulating districts to compete to provide it. **Karen Luxford** and **Stephanie Newell** describe the integrated approach, its uptake, and encouraging early evidence of change

Karen Luxford director patient based care, Stephanie Newell chair, partnering with patients advisory committee

Clinical Excellence Commission, 227 Elizabeth Street, Sydney, New South Wales, 2000, Australia

The principles of patient centred care and the mantra of "nothing about me without me" have gained broad support, but its proving hard to adopt and embed them in routine practice. New ways of thinking and tackling resistance to change are needed,

across New South Wales. The commission monitors state-wide incident reporting and implements quality improvement initiatives to address key safety and quality problems identified. In 2010, a consumer adviser panel was established to actively



# The Patient Based Care Challenge?



# Health services rising to the Challenge

### The CEC Patient Based Care Challenge

#### Are you up to the challenge?

#### Leadership commitment

- a) start each board meeting with a story of patient care from your service.
- b) spend more than 25% of the board's meeting time on quality.
- arrange for board and executive members to visit wards regularly to talk with staff and patients.
- d) provide training to senior leaders to champion patient-based care.
- e) involve patient advisors in strategic planning processes.

#### Communicate the mission

- a) develop and promote an organisational mission statement that embodies patient-based care values.
- b) communicate the mission to new staff at orientation – illustrating leadership commitment.
- share personal stories by senior leaders to engage staff in patient-based values.

#### → Engage patients, family and carers

- involve patients, families and carers in governance through committee membership, including quality and risk management and advisory committees.
- b) involve patients, families and carers in process co-design, design of new facilities and staff interview panels.
- c) implement a patient-based visitation policy.

#### Support engagement to transform care

- encourage staff to view patients, family and carers as care team members.
- b) implement processes to support patient/ family activated escalation of care for deteriorating patients.
- c) conduct handover at the bedside and involve patients and carers.
- d) involve patients in medication management and review.
- e) provide patients, families and carers with meaningful information to support care and to report on safety and quality performance.

#### 5 Use patient feedback to drive change

- a) use patient feedback from a range of sources (surveys, focus groups, anonymous shoppers) to gauge service quality and inform all staff.
- review patient care experience metrics at each meeting as an indicator of quality.
- c) implement processes to provide real-time feedback to staff to enable patient issues to be addressed during care (e.g., 'patient friend' models and bedside electronic systems).

#### 6 Focus on work environment

- regularly assess work culture and staff satisfaction.
- celebrate staff successes in a visible manner (e.g., introduce a patient-nominated award for staff member of the month).

#### / Build staff capacity

- a) implement organisation-wide training in patient-based values and associated communication skills techniques.
- b) involve patients and carers in staff education, including sharing stories of good and poor experiences of care.

#### 8 Learning organisation culture

- enable staff to identify care delivery issues and solutions, focussing on addressing patient feedback.
- ensure processes are in place to enable ongoing patient and family engagement in open disclosure following adverse events.
- share the learnings from tragic events with staff to improve quality of care.

#### Accountability

 include accountability for patient care experience in all job descriptions and provide feedback in performance reviews.



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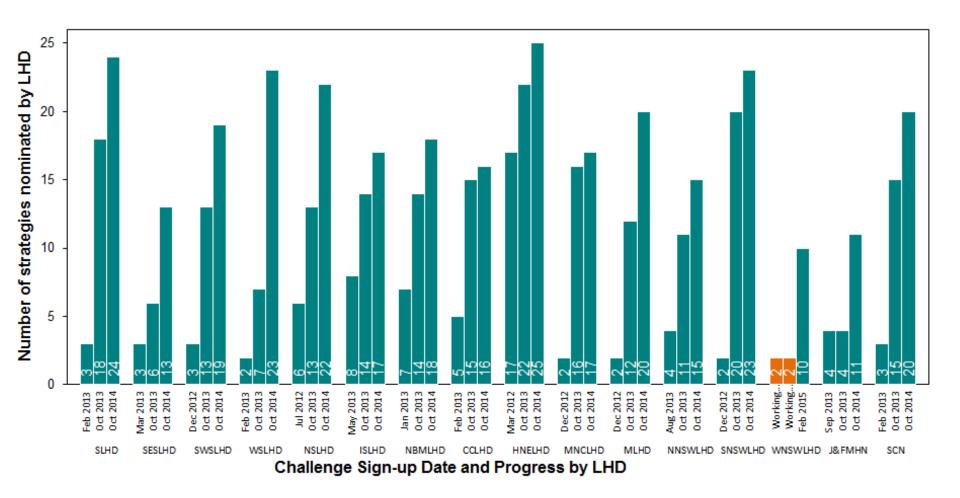
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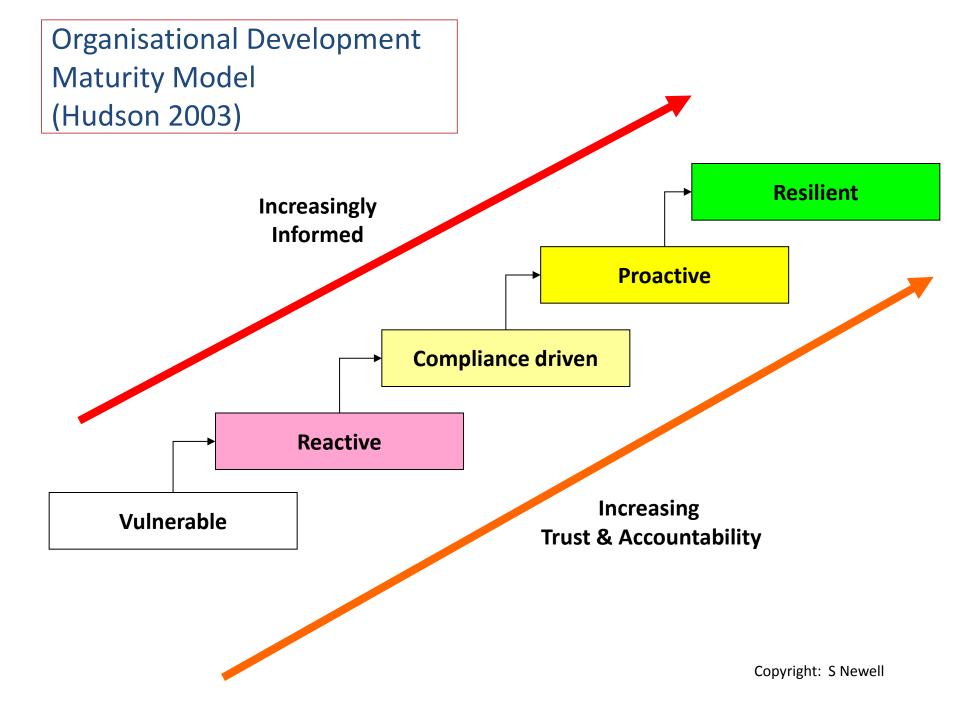
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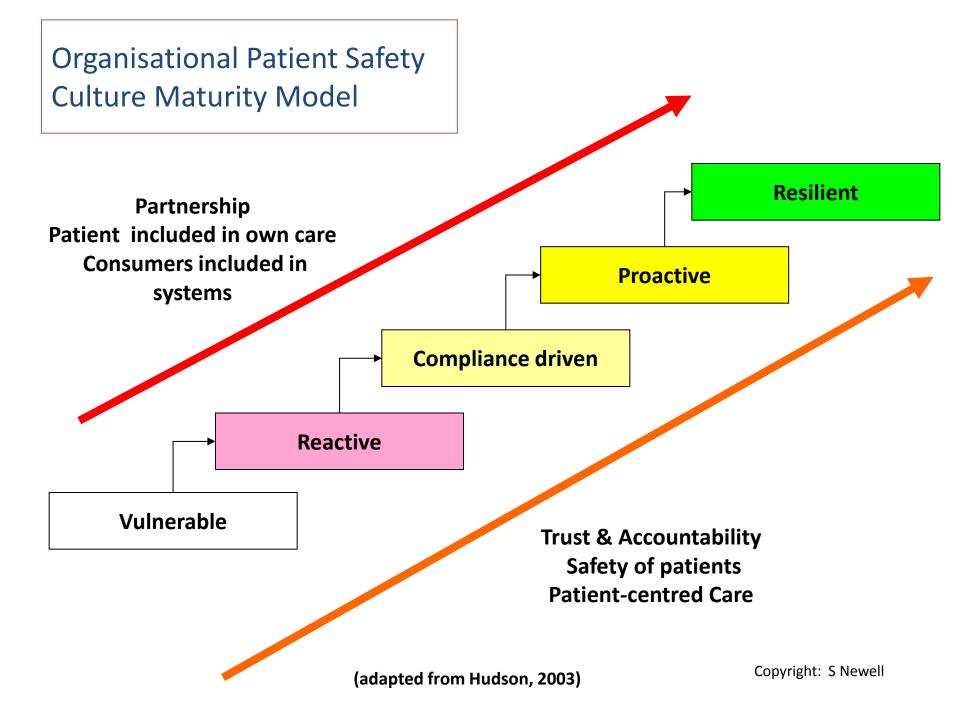
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## NSW Health services rising to the Challenge







## Vulnerable

#### **Organisation**

- Doesn't understand safety and quality
- Who cares as long as were not caught
- Patient Safety is a problem caused by people
- "Talk to the hand" attitude
- Shoots the messenger

(adapted from Hudson, 2003)

### **Patients, Carers & Families**

- No support, no answers
- No information
- No feedback
- Not included in own care
- No inclusion in being part of the solution
- Disempowered

#### **Consumers**

- Not included in governance mechanisms
- Feedback not sought

Copyright: S Newell

## Reactive

#### Organisation

- Says Patient Safety is important
- "Yes, we have to do something about that"
- "Of course we have incidents and accidents - its a dangerous business"
- "We do a lot every time we have an adverse event or error"
- "Sack the idiot who made the error"

#### **Patients**

- Views not encouraged or used to inform changes
- Passive Not involved in own care
- Not advised of changes made to address the error
- No acknowledgement

#### **Consumers**

- Token
- Limited by the organisation
- No supports

(adapted from Hudson, 2003)

# Compliance Driven

#### Organisation

- We have systems in place to manage all areas of patient safety
- Plenty of data and statistics
- Accreditation
- Management focus on economic cost
- Patient Safety issues and Patientcentred care not identified fully by workforce
- Consumers are not seen as equal 'partners'

#### **Patients**

- Informed of Rights & Responsibilities
- Complete Surveys
- Formal Complaint acknowledged
- Standard is the maximum

#### **Consumers**

- Consumer groups in isolation
- Committee involvement limited
- Consumer groups see some data

## **Proactive**

#### Organisation

- We understand and are continuously and chronically aware of safety
- We identify and put solutions in place
- Patient partnership is the priority that informs finance and resources
- Workforce "owns" patient safety, patient-centred care and partnering with patients and consumers in roles of equal partnership

#### **Patients & Consumers**

- Outcomes important to patients
- Views and experiential knowledge actively sought and included for change
- Actively involved in research
- User led healthcare planning and design
- Consumer Reporting of incidents and near misses
- Incident Investigations
- Governance at all levels
- Policy, Procedures & Guidelines
- Patients as teachers
- Accreditation
- Staff selection and performance reviews
- Recognition, reward and reimbursement
- Design and measurement and evaluation of all dimensions of care

(adapted from Hudson, 2003)

"People involved in our care did not do everything they could have to assist my son"

"I needed to have someone really truly listen to my concerns...."

"... and the fact that I could see where the gaps were as well..."

" ...I didn't want this to happen to anyone else.."

" ... I wanted to see those changes happen,

I wanted to be part of those changes...."

"To know that those changes are making a difference to other peoples lives...."

"...and to know how systems were occurring and ensure those systems worked optimally for people"



## Global Patient and Family Engagement





WHO and the Patient Care Program of the Gordon and Betty Moore Foundation collaborate to develop the WHO Framework on Patient and Family Engagement:

- guide and facilitate meaningful engagement
- respond to WHO Global Policy on:
  - Universal Health Coverage (UHC)
  - UHC: Quality and Safety
  - People-Centred and Integrated Health Services

## Consumer Led Healthcare

- User led design
- Consumer Leaders
- Appropriate
- Safe
- Transparent
- Seamless
- Future oriented