

ENGAGING CLINICIANS IN AUDITING FOR A POSITIVE OUTCOME

Andrea Floyd, Manager Quality & Risk



HEALTHY COMMUNITIES AND
WORLD CLASS HEALTHCARE

CARING | PASSIONATE | TRUSTWORTHY



Documentation Audit (current admission)

| | | |
|-----|---|--|
| 1 | Unit: | |
| | No of beds in unit: | |
| | No of records audited: | |
| | Date: | |
| | Auditor/s: | |
| 2 | Is there a current copy of <i>The Australian dictionary of clinical abbreviations, acronyms and symbols</i> available for staff to refer to in this department? State publication date | |
| 3 | A ED RECORD MR2/MR93 | |
| 4 | Documentation Standards | |
| 5 | Entries are legible and written in English | |
| 6 | Patient ID sticker on each face or where indicated | |
| 141 | progress notes? | |
| 142 | Patient questions | |
| 143 | Do you know what the plan is for your care today/yesterday? | |
| 144 | Are you aware of the goals you need to reach today/yesterday? | |
| 145 | Did medical staff discuss your care today/yesterday? | |
| 146 | Did nursing staff discuss your care today/yesterday? | |
| 147 | Observations chart (MR 123) | |
| 148 | Documented on admission: | |
| 15 | Student entries countersigned by the relevant staff | |
| 16 | Where entries have not been made at the time of admission, as well as the date and time of the entry | |
| 17 | The record is free of derogatory, racist, sexist or otherwise inappropriate comments | |
| 18 | Unused areas have a line drawn across to prevent additional entries | |
| 19 | Errors in documentation (if they exist) have been corrected | |
| 20 | ED Record MR2/MR93 | |
| 21 | Pain score documented on admission to ED | |
| 203 | * Was the patient reassessed using the MR 110? | |
| 204 | Bedside check | |
| 205 | There is an orange sticker above the patient's bed | |
| 206 | There is an "F" within the square? | |
| 207 | The patient's gait aid is within reach? (where applicable) | |
| 208 | The patient's mobility status is indicated on their gait aid? (e.g. coloured tags in Rehab) | |
| 209 | Ticked (✓) interventions are in place | |
| 210 | Patient questions | |
| 211 | Have staff discussed falls risks and prevention with you? | |
| 212 | Have you been involved in plans to reduce your risk of falling? | |
| 213 | Have you been given the booklet about falls prevention? | |
| 37 | The date of each alert has been entered | |
| 38 | The type of each alert has been entered | |
| 39 | Reactions/recommendations have been entered for each alert (where applicable) | |

Over 270 questions

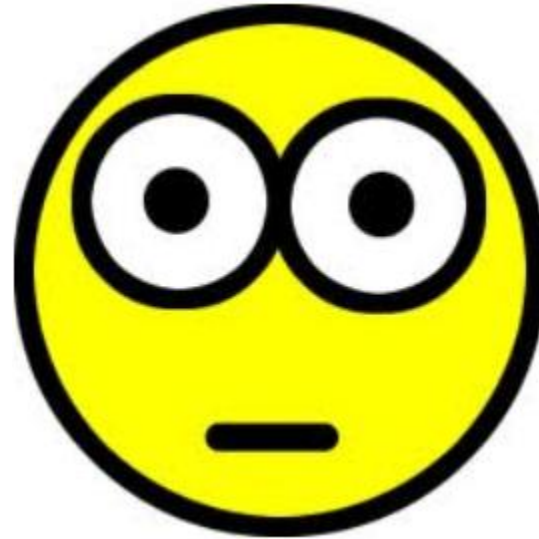




HEALTHY COMMUNITIES AND
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The response...





HEALTHY COMMUNITIES AND
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Our revised System & Process

Focuses on one standard per month

NSQHS Standards Monthly focus

| Month | Accreditation Standard Focus | |
|-----------|---|---|
| February |  | Governance |
| March |  | Partnering with Consumers |
| April |  | Preventing and Controlling Healthcare Associated Infections |
| May |  | Medication Safety |
| June |  | Patient Identification & Procedure Matching |
| July |  | Clinical Handover |
| August |  | Blood & Blood Products |
| September |  | Preventing & Managing Pressure Injuries |
| October |  | Recognising & Responding to Clinical Deterioration in Acute Health Care |
| November |  | Preventing Falls & Harm from Falls |

Our revised System & Process

Multiple resources to support staff

- Bendigo Health Guides
- Checklists
- Visual Display Boards &
- Automated Audit Tools

Bendigo Health Guides



| Standard 8 – Preventing and Managing Pressure Injuries | | | |
|--|---|---|--|
| Criterion | Action | BH Organisation Wide Examples | Department Responsibility |
| 8.1 Developing and implementing policies, procedures and/or protocols that are based on current best practice guidelines | 8.1.1 Policies, procedures and/or protocols are in use that are consistent with best practice guidelines and incorporate screening and assessment tools | <p>PROMPT: Electronic document repository and management system, stores all policies, protocols and guidelines with key word search capability including Pressure Injury Assessment and Management</p> <p>Each NSQHS clinical governing committee review audit results and relevant clinical incidents (including trending) and develop recommendations for organisational process improvement and changes, including the Skin Integrity Committee</p> <p>Divisional/stream Quality and Risk meetings review audit results and relevant clinical incidents (including trending) to determine divisional/stream and or departmental actions to be undertaken</p> <p>Screening tools – Braden Scale, Skin Inspection and Wound Chart</p> <p>Clinical auditing tools are developed by Quality @ BH that reflect policy, protocol and guidelines therefore allowing for monitoring of compliance to policy</p> | <p>Ensure all staff have access to Prompt & are aware of relevant policies:</p> <p>Ensure incidents (and near misses) relating to Pressure Injuries are reported on VHIMB- including all pressure injuries present on admission.</p> <p>Ensure your Preventing & Managing Pressure Injuries Visual Display board is displayed in your area and audit results are added as they become available.</p> |
| | 8.1.2 The use of policies, procedures and/or protocols is regularly monitored | <p>Clinical auditing tools are developed by Quality @ BH that reflect policy, protocol and guidelines therefore allowing for monitoring of compliance to policy</p> <p>Each NSQHS clinical governing committee review audit results and relevant clinical incidents (including trending) and develop recommendations for organisational process improvement and changes, including the Skin Integrity Committee</p> | <p>Ensure incidents (and near misses) relating to Pressure Injuries are reported on VHIMB- including all pressure injuries present on admission</p> <p>Ensure incident data, investigation outcomes and audit results are reported to staff at ward meeting and actions are developed to address non-compliance or areas of concern</p> <p>Undertake Audits as per schedule:</p> <ul style="list-style-type: none"> • Braden Scale • Skin Inspection • Wound Charts |
| 8.2 Using a risk assessment framework and reporting systems to identify, investigate and take action to reduce the frequency and severity of pressure injuries | 8.2.1 An organisation-wide system for reporting pressure injuries is in use | <p>Electronic incident systems VHIMB & Mango – used to report all clinical and non-clinical incidents across the organisation including all pressure injuries</p> | <p>Ensure incidents (and near misses) relating to Pressure Injuries are reported on VHIMB- including all pressure injuries present on admission</p> <p>Ensure incident data, investigation outcomes and audit results are reported to staff at ward meeting and actions are developed to address non-compliance or areas of concern</p> |
| | 8.2.2 Administrative and clinical data are used to regularly monitor and investigate the frequency | <p>Each NSQHS clinical governing committee review audit results and relevant clinical incidents (including trending) and develop recommendations for organisational process improvement and changes, including the Skin Integrity Committee</p> | Nil |



Bendigo Checklists



| Standard 8 - Preventing and Managing Pressure Injuries Checklist | | Date: September 2016 | |
|---|-----------|---|------|
| | Completed | By whom | Date |
| Governance | | | |
| <ul style="list-style-type: none"> Departmental Staff Meeting includes standard agenda item – feedback, incidents and audit results including actions and recommendations for improvement All relevant competencies for all clinical staff are completed (evidence this) Orientation manual includes information relating to pressure injuries | | | |
| Audits | | | |
| <ul style="list-style-type: none"> Audits are completed, including action page – any questions answered which do not meet compliance level requires an action to be taken, documented and completed Saved the audit to your departments G: drive and email a copy to audit@bendigohealth.org.au Communicated results to manager and staff via departmental meeting and results on visual display boards Quality improvement activities are actioned | | | |
| Audit matrix (to determine which audits your Department must do) | | | |
| Does your department/program undertake Pressure Injury screening on admission? if yes → | | • Braden Scale screening & Intervention Audit | |
| Is your program/department an inpatient area or residential care facility? if yes → | | • Skin Inspection Audit | |
| Does your department /program perform complex wound dressings? if yes → | | • Wound Chart Audit | |
| Consumer | | | |
| <ul style="list-style-type: none"> Ensure that there is a process for managing the feedback/ suggestion box, emptied, followed up and escalated as appropriate | | | |
| Visual Display Board | | | |
| <ul style="list-style-type: none"> Download and print Standard 8 Pressure Injuries Visual Display information from Quality@ BH site and reminded staff to review this information | | | |
| Policies and Procedures | | | |
| <ul style="list-style-type: none"> Ensure all staff have access to PROMPT Staff are aware of the following P&P's to staff to review: <ul style="list-style-type: none"> Pressure Injury Assessment & Management Vacuum Assisted Closure (VAC) Basic Dressing (reviewed Sept last year) Clinical Photography & Video Imaging Consent Protocol Wound Drain Tube Removal | | | |
| Education | | | |
| <ul style="list-style-type: none"> Staff can access Learn Staff are aware of training opportunities via display board and email Updated evidence of training and competencies for wound management of all staff (as required) | | | |
| Posters, Brochures & Handouts | | | |
| <ul style="list-style-type: none"> Ensure access to Move, Move, Move pamphlets http://www.health.vic.gov.au/pressureulcers/downloads/move/english.pdf | | | |



Visual Display Boards



Improvements to Engage Clinicians

Simplifying audit questions

Structure audit tool

Reporting & Feedback processes

Accountability

Ownership by Departments

Audit Questions simplified

2010 – 15 questions in comprehensive audit relating to Pressure Injury screening

2013 – 7 questions

2015 & 2016 – 4 questions

Automated Audit Tools

Medical & Surgical Services
Braden Scale (Pressure Ulcer Risk - Screening) Audit
Instructions for completion of Audit Tool

National Safety and Quality Health Service Standards
This audit has been developed to assist in meeting Standard 8

Standard 8 Preventing and Managing Pressure Injuries

Bendigo Health Policies & Procedures
[This audit is evidence department are complying with the Pressure Ulcer Risk Assessment & Prevention Policy \(BEN146\)](#)
Click on above link to view copy of policy

| Colour | Steps to take |
|--------|--|
| | 1. Print copy of audit template from the 'Print' page (if required) |
| | 2. Undertake audit |
| | 3. Select 'Data Entry' page |
| | 4. Select unit name from yellow drop down box |
| | 5. Select 'Yes' or 'No' from drop down boxes |
| | 6. Select a number from the drop down boxes (you will NOT need to select a number if N/A appears automatically) |
| | 7. Save a copy of the audit tool by selecting 'Save As' from the menu and call the file: 'Audit Title - Your Department - Month - Year' |
| | 8. Save in the Quality folder of your unit's G drive |
| | 9. Email completed audit tool to Andrea Floyd in Quality @ BH |
| | 10. Complete 'Action' page |
| | 11. Print results & compliance graph for visual display and department meeting |

*If you require extra columns to complete extra audits please email **Ruth Creme in Quality @ BH** on kcreme@bendigohcalth.org.au for assistance*


MEDICAL - Please contact Katrina Sparrow in Quality @ BH on ☎ 5454 3037 with any queries about this audit template or completion

SURGICAL - Please contact Andrea Floyd in Quality @ BH on ☎ 5454 3072 with any queries about this audit template or completion


Instructions
Print
Data Entry
Results Graphs
Action
Compliance Graph



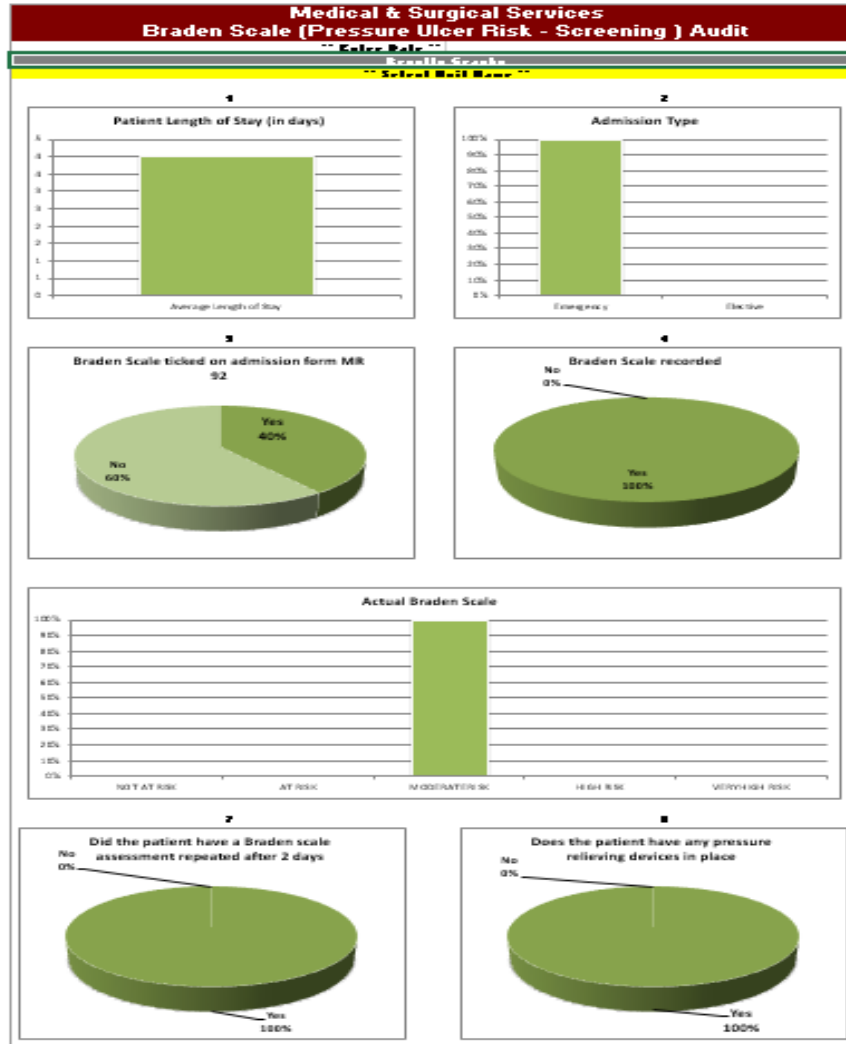
Audit Tool – print page

| | | | | | | |
|--|--|--|---|---|---|---|
|  Medical & Surgical Services Braden Scale (Pressure Ulcer Risk - Screening) Audit Date: Person completing audit and Designation | | Business Unit | | | | |
| | | Print page only | | | | |
| | | Minimum number of audits to be completed | | | | |
| | Audit Number | 1 | 2 | 3 | 4 | 5 |
| | Patient UR Number: | | | | | |
| 1 | Patient Length of Stay (in days) | | | | | |
| 2 | Admission Type (Elective or Emergency) | | | | | |
| 3 | Braden Scale ticked on admission form MR 92 | | | | | |
| 4 | Braden Scale recorded | | | | | |
| 5 | If yes, what score was recorded | | | | | |
| 6 | Did the patient have a Braden scale assessment repeated after 2 days | | | | | |
| 7 | Does the patient have any pressure relieving devices in place | | | | | |

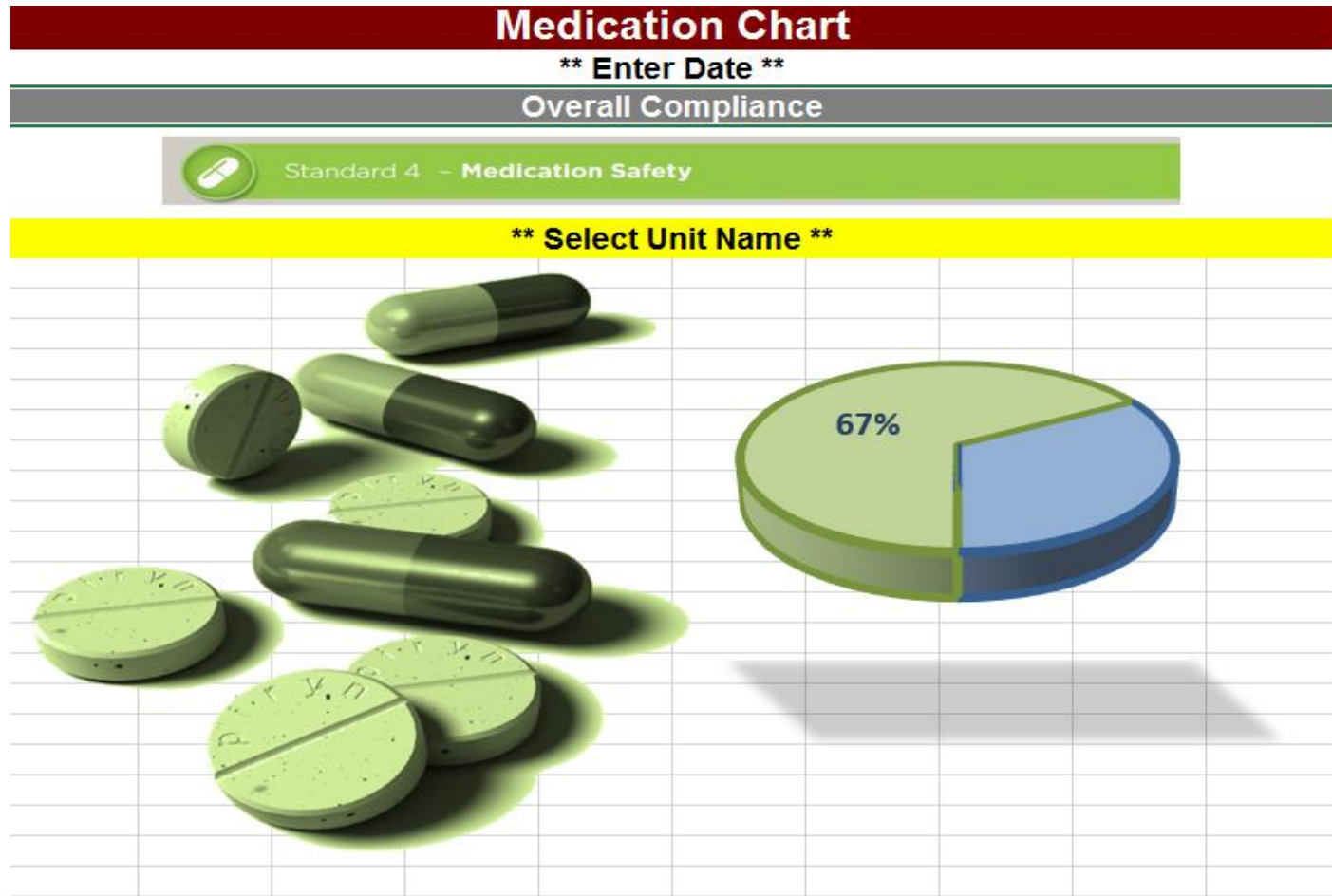
Audit Tool – data entry

| A | B | C | D | E | F | G | H | I | J | |
|--|--|--|------|------|------|------|---|------|------|--|
|  | Medical & Surgical Services Braden Scale (Pressure Ulcer Risk - Screening) Audit | | | | | | | | | |
| | Business Unit ** Select Unit Name ** | | | | | | | | | |
| | ** Enter Date ** | Number of Patients Sampled: 5 | | | | | <div style="border: 1px solid black; padding: 5px; color: red; text-align: center;"> Insufficient audits undertaken </div> | | | |
| | Person completing audit and Designation | Overall Compliance 85% | | | | | | | | |
| | | Minimum number of audits to be completed | | | | | | | | |
| Audit Number: | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | |
| Patient UR Number: | | | | | | | | | | |
| 1 | Patient Length of Stay (in days) | 4 | | | | | | | | |
| 2 | Admission Type | Emergency | | | | | | | | |
| 3 | Braden Scale ticked on admission form MR 92 | Yes | No | No | No | Yes | | | | |
| 4 | Braden Scale recorded | Yes | | | | | | | | |
| 5 | If yes, what score was recorded | 14 | | | | | | | | |
| 6 | Actual Braden Scale | MODERATE RISK | #N/A | #N/A | #N/A | #N/A | #N/A | #N/A | #N/A | |
| 7 | Did the patient have a Braden scale assessment repeated after 2 days | Yes | | | | | | | | |
| 8 | Does the patient have any pressure relieving devices in place | Yes | | | | | | | | |

Audit Tool – automated graphs



Std 4 Medication Safety



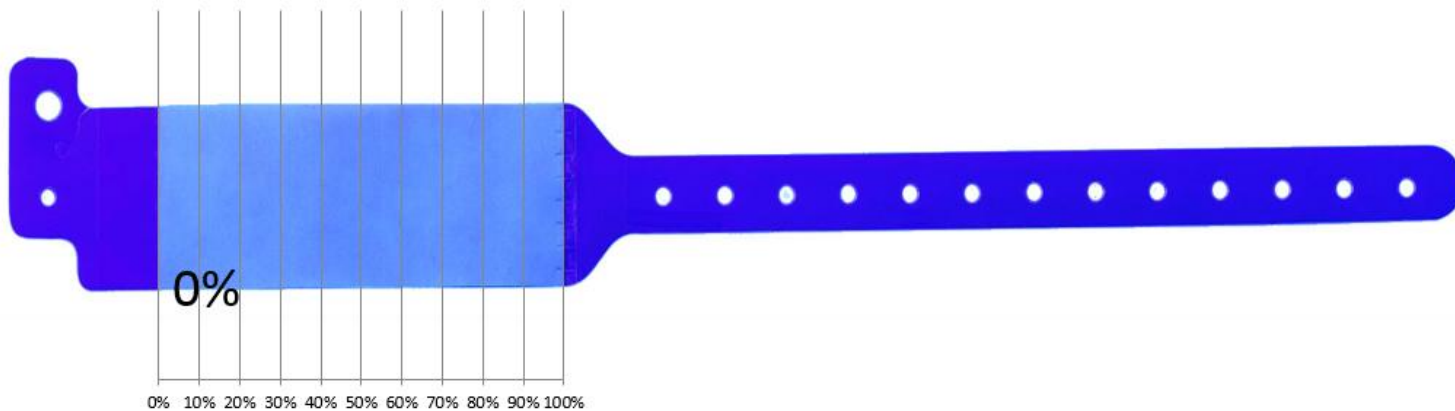
Std 5 Patient Identification & Procedure Matching

Inpatient (>2 yrs) ID Band Audit - excluding time of transfer audit

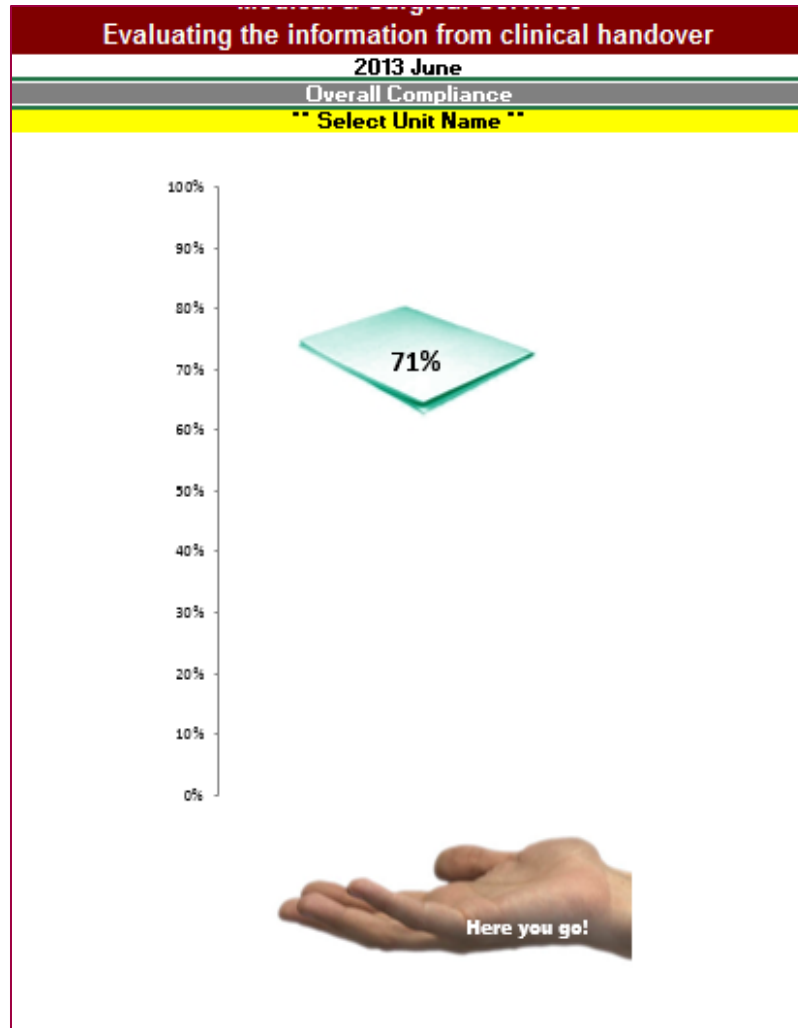
**** Enter Date ****

Overall Compliance

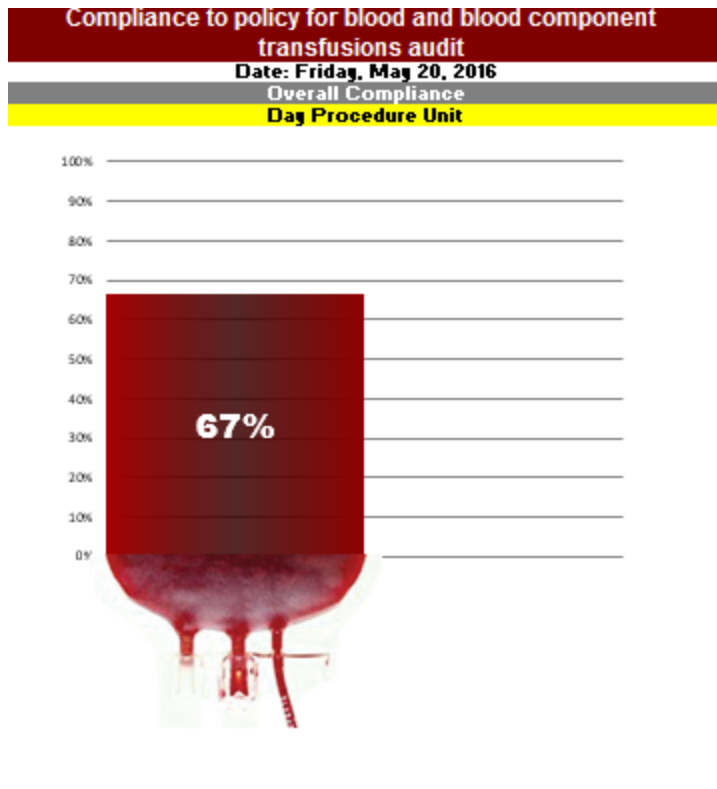
**** Select Unit Name ****



Std 6 Clinical Handover

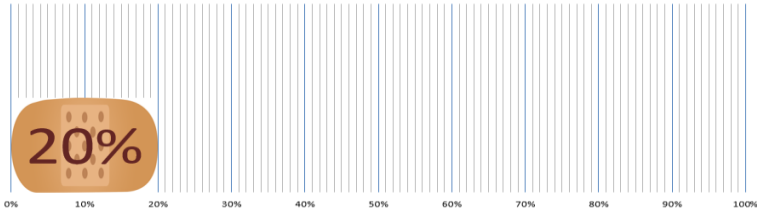


Std 7 Blood & Blood Products

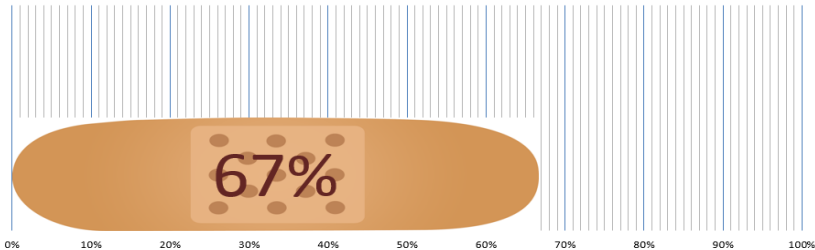


Std 8 Preventing & Managing Pressure Injuries

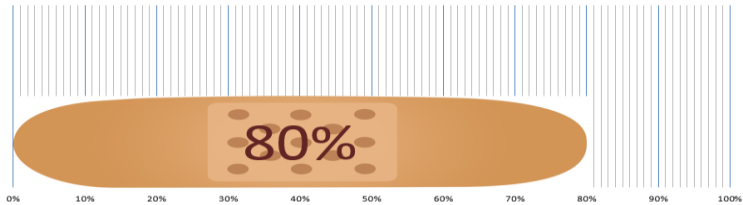
Braden Scale (Pressure Ulcer Risk - Screening) Audit
** Enter Date **
Overall Compliance
** Select Unit Name **



Braden Scale (Pressure Ulcer Risk - Screening) Audit
** Enter Date **
Overall Compliance
** Select Unit Name **



Braden Scale (Pressure Ulcer Risk - Screening) Audit
** Enter Date **
Overall Compliance
** Select Unit Name **



Audit Tools – Action Page

Medical & Surgical Services Braden Scale (Pressure Ulcer Risk - Screening) Audit

** Enter Date **

** Select Unit Name **

ACTION SHEET

| Question | Action Required | Action To Be Taken | By whom | By when (Date) | Completed (✓ box) |
|----------|--|--------------------|---------|----------------|--------------------------|
| 3 | Braden Scale ticked on admission form MR 92 | Yes | | | <input type="checkbox"/> |
| 4 | Braden Scale recorded | | | | <input type="checkbox"/> |
| 6 | Did the patient have a Braden scale assessment repeated after 2 days | | | | <input type="checkbox"/> |
| 7 | Does the patient have any pressure relieving devices in place | | | | <input type="checkbox"/> |

Were any actions from this audit developed into a quality improvement project?

Quality Improvement Number

If quality improvement projects have been developed, please provide details

| GOVERNANCE | | | |
|--|--------------------------|---|--------------------------|
| Audit Results / Action Required is to be reported to (✓ the appropriate boxes) | | | |
| Ward/Departmental Meeting | <input type="checkbox"/> | Consumer Advisory Committee - Nina Hakamies | <input type="checkbox"/> |
| Visual Display Board | <input type="checkbox"/> | IPU Consultant | <input type="checkbox"/> |
| Business Manager | <input type="checkbox"/> | Clinical Handover & Patient ID Committee - David Rosaia | <input type="checkbox"/> |
| Email All Ward/Department Staff | <input type="checkbox"/> | Medication Safety Committee - Matthew James | <input type="checkbox"/> |
| Quality Consultant | <input type="checkbox"/> | Transfusion Committee - Meryand Jodoin | <input type="checkbox"/> |
| Quality Working Group | <input type="checkbox"/> | Skin Integrity Committee - TBA | <input type="checkbox"/> |
| Medical Operation Meeting/Surgical SMG | <input type="checkbox"/> | Clinical Deterioration Committee - TBA | <input type="checkbox"/> |
| DON | <input type="checkbox"/> | Falls Committee - Kim Hall | <input type="checkbox"/> |
| Stream Executive Director | <input type="checkbox"/> | | |
| Medical Surgical Quality & Risk Meeting | <input type="checkbox"/> | | |

Improved Reporting & Accountability

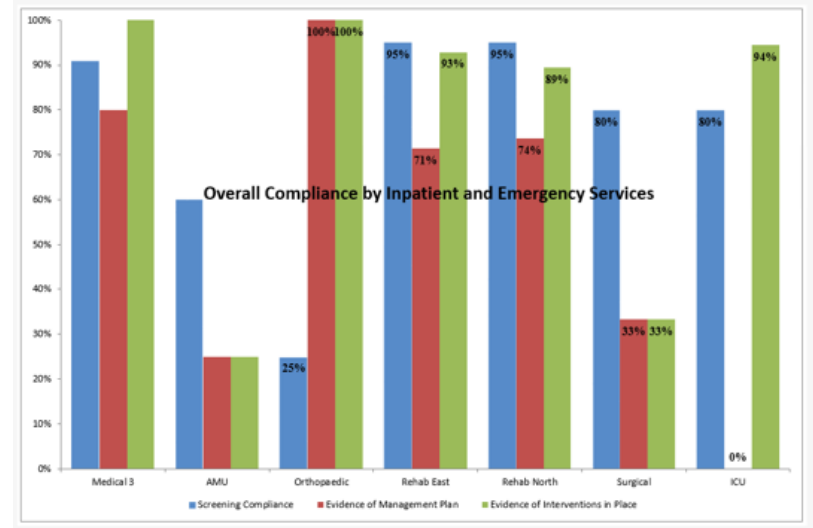
BENDIGO HEALTH
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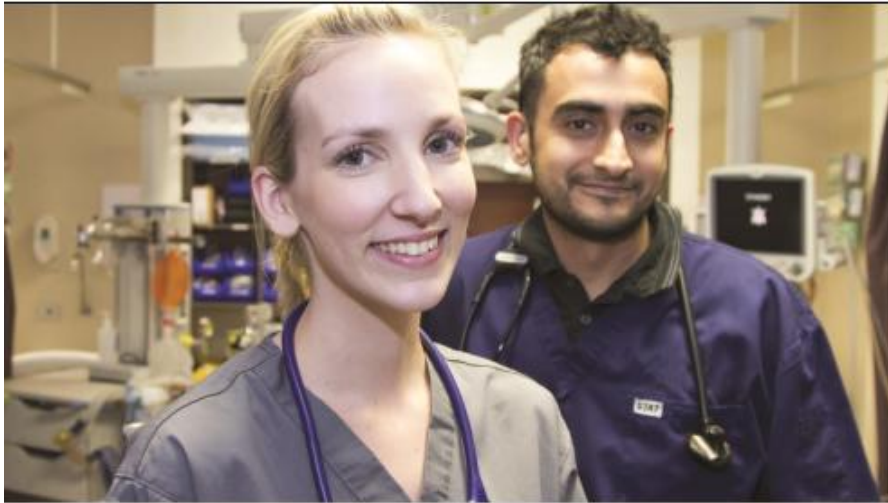
Quality @ Bendigo Health

Audit Commission
Standard 8 Prevention
Pressure Injuries - Braden
Division and

Organisational Compliance
Pressure Injury Screening - Braden Scale Audit

| Screening Compliance | Management Plan | Interventions in Place |
|---|--|--|
| 69% | 58% | 73% |
| Scots Health: 76% HS&CC: 80% Psych: 38% | Scots Health: 48% HS&CC: 85% Psych: incomplete | Scots Health: 67% HS&CC: 89% Psych: incomplete |
| Overall Sample Size: 255 | | |
| Breakdowns of Acute Health: Inpt & Emerg: 75% Inter & Sncc: 80% | Breakdowns of Acute Health: Inpt & Emerg: 55% Inter & Sncc: 0% | Breakdowns of Acute Health: Inpt & Emerg: 76% Inter & Sncc: 0% |





CARING

WE CARE FOR OUR COMMUNITY

PASSIONATE

WE ARE PASSIONATE ABOUT DOING OUR BEST

TRUSTWORTHY

WE ARE OPEN, HONEST AND RESPECTFUL



HEALTHY COMMUNITIES AND
WORLD CLASS HEALTHCARE

HEALTHY COMMUNITIES AND
WORLD CLASS HEALTHCARE

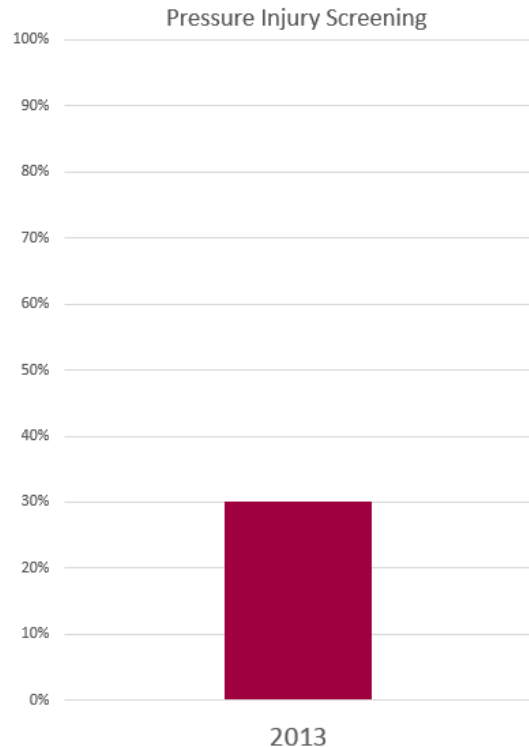
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Pressure Injury Screening Data

2013

30% compliance 

Only 2 departments did not submit 





PRESSURE INJURY PREVENTION & MANAGEMENT PLAN

SURNAME: _____ UR NO: _____
 GIVEN NAMES: _____
 D.O.B: _____ SEX: _____
 ADMISSION DATE: _____
 CONSULTANT: _____ WARD/CLINIC: _____
 USE LABEL IF AVAILABLE

BRADEN SCORE **RISK LEVEL(circle)** **VERY HIGH** **HIGH**
 Level of RISK may increase according to clinical judgement
MODERATE **AT RISK** **NO RISK**

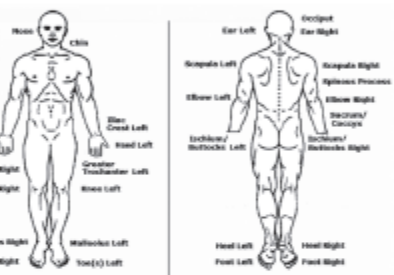
SKIN INSPECTION must be performed on all patients with a Braden score ≤ 18

• On admission (within 8 hrs) **AND**
 • Daily until risk is reduced

Mark all skin inspection findings on diagram below & daily changes in progress notes (Include: pressure injury, wounds, redness, swelling, bruising)

WHIMS Commence individual wound chart for each wound Photograph

Pressure Injury Present?
 No Yes
 If yes: Stage 1
 Stage 2
 Stage 3
 Stage 4
 Suspected deep tissue injury
 Unstageable pressure injury



Remember you must look under the following tubes & devices to complete a comprehensive assessment.

- Tubing,
- Probes,
- Electrodes,
- Face masks
- Catheters
- Compression stockings
- Hosiery

LOOK

Moisture problems No Yes If yes list intervention/tick below

() Use of absorbent sheets (eg Kyles) () Continence Aids _____
 () Use of barrier wipes & or creams list _____
 () Use of pH appropriate skin cleanser / soap substitute _____

Bed Surface () Alternating air surface (type) _____
 () High specification reactive foam mattress / hybrid _____

Chair () Reho () Alternating cushion _____
 () Specialist seating devised by OT (please list) _____

Heels () Place pillows lengthways under lower limb and 'toe heel'
 () Heel wedge or other device (please list) _____

PROTECT

Repositioning Plan: () Prompt only () Assistance Required () x1 () x2 () Lifting device

| PRODUCT | VERY HIGH | HIGH RISK | MODERATE RISK | AT RISK | DATE Day 1 Circle in BLUE SIGNATURE |
|--|-----------|-----------|---------------|----------|--|
| High density foam mattress | 1 hourly | 2 hourly | 3 hourly | Shourly | |
| Static air filled mattress overlay | 2 hourly | 3 hourly | 4 hourly | 4 hourly | |
| Alternating pressure overlay (2 cycle) | 4 hourly | 5 hourly | 6 hourly | 6 hourly | DATE Day _____ Circle in BLACK SIGNATURE |
| Alternating pressure mattress (2 call cycle) | 6 hourly | 6 hourly | 6 hourly | 6 hourly | If further changes commence new chart |
| Alternating pressure mattress (3 call cycle) | 8 hourly | 8 hourly | 8 hourly | 8 hourly | |

POSITION

Update Patient status on Patient Flow Manager
 Referrals as per "Recommended Intervention" (see over)

On Discharge / transfer complete

- Braden Scale Braden Score Risk Level _____
- Skin inspection (for high to very high risk pts) - document finding on transfer document & patient clinical record

COMMUNICATE

PRESSURE INJURY PREVENTION & MANAGEMENT PLAN

MH 20



PRESSURE INJURY PREVENTION & MANAGEMENT PLAN

SURNAME: _____ UR NO: _____
 GIVEN NAMES: _____
 D.O.B: _____ SEX: _____
 ADMISSION DATE: _____
 CONSULTANT: _____ WARD/CLINIC: _____
 USE LABEL IF AVAILABLE

| Criteria | Braden Scale | | | | Date & Score | | | | | |
|---|---|---|---|---|--------------|--|--|--|--|--|
| | Assessments: Scores are calculated by identifying the appropriate assessment score from each criteria and the combining the total assessments. | | | | | | | | | |
| SENSORY PERCEPTION ability to respond meaningfully to pressure-related discomfort | 1. Completely Limited Unresponsive (does not react, flinch, or grimace) to painful stimuli, due to diminished level of consciousness or sedation. OR limited ability to feel pain over most of body | 2. Very Limited Responds only to painful stimuli. Cannot communicate discomfort except by moaning or restlessness. OR has a sensory impairment which limits the ability to feel pain or discomfort over 1/3 of body extremities. | 3. Slightly Limited Responds to verbal commands, but cannot always communicate discomfort or the need to be turned. OR has some sensory impairment which limits ability to feel pain or discomfort in 1 or 2 activities. | 4. No Impairment Responds to verbal commands. Has no sensory deficit which would limit ability to feel or voice pain or discomfort. | | | | | | |
| MOISTURE degree to which skin is exposed to moisture | 1. Constantly Moist Skin is kept moist almost constantly by perspiration, urine, etc. Discomfort is detected every time patient is moved or turned. | 2. Very Moist Skin is often, but not always, moist. Linen must be changed at least once a shift. | 3. Occasionally Moist Skin is occasionally moist, requiring an acute linen change approximately once a day. | 4. Rarely Moist Skin is usually dry, linen only requires changing at routine intervals. | | | | | | |
| ACTIVITY degree of physical activity | 1. Bedfast Confined to bed. | 2. Chair fast Ability to walk severely limited or non-existent. Cannot bear own weight and/or must be assisted into chair or wheelchair. | 3. Walks Occasionally Walks occasionally during day, but for very short distances, with or without assistance. Spends majority of each shift in bed or chair. | 4. Walks Frequently Walks outside room at least twice a day and makes room at least once every two hours during waking hours. | | | | | | |
| MOBILITY ability to change and control body position | 1. Completely Immobile Does not make even slight changes in body or extremity position without assistance. | 2. Very Limited Makes occasional slight changes in body or extremity position but unable to make frequent or significant changes independently. | 3. Slightly Limited Makes frequent though slight changes in body or extremity position independently. | 4. No Limitation Makes major and frequent changes in position without assistance. | | | | | | |
| NUTRITION usual food intake pattern | 1. Very Poor Never eats a complete meal. Rarely eats more than a 1/2 of any food offered. Gets 2 servings or less of protein (meat or dairy products) per day. Tastes fluids poorly. Does not take a liquid dietary supplement. OR receives less than optimum amount of liquid diet or tube feeding. | 2. Probably Inadequate Rarely eats a complete meal and generally eats only about 1/2 of any food offered. Protein intake includes only 1 serving of meat or dairy products per day. Occasionally will take a dietary supplement. OR receives less than optimum amount of liquid diet or tube feeding. | 3. Adequate Eats over half of most meals. Gets a total of 4 servings of protein (meat, dairy products per day. Occasionally will refuse a meal, but will usually take a supplement when offered. OR is on a tube feeding or TPN regimen which probably meets most of nutritional needs. | 4. Excellent Eats most of every meal. Usually eats a total of 4 or more servings of meat and dairy products. Occasionally eats between meals. Does not require supplementation. | | | | | | |
| FRICTION & SHEAR | 1. Problem Requires moderate to maximum assistance in moving. Discomfort arising without sliding against linens is impossible. Frequently slides down in bed or chair, requiring frequent repositioning with maximum assistance. Frequently contractures or agitation leads to skin contact friction. | 2. Potential Problem Moves freely or requires minimum assistance. During a move skin probably slides to some extent against sheets, chair, restraints or other device. Maintains reasonably good position in chair or bed most of the time but occasionally slide down. | 3. No Apparent Problem Moves in bed and in chair independently and has sufficient muscle strength to lift up completely during move. Maintains good position in bed or chair. | | | | | | | |

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| Recommended Interventions | | | TOTAL SCORE | STAFF INITIAL |
|--|--|---|---|--|
| at No Risk | 15 - 18 At Risk | 19 to 24 Moderate risk | 25 to 32 High risk | 33 or below Very High risk |
| All unless patient condition alters | <p>PROTECT</p> <ul style="list-style-type: none"> • Minimize shear and friction damage to skin by correct use of manual handling device <p>POSITION</p> <ul style="list-style-type: none"> • Protect bony prominences and maintain body alignment • Place pillows length ways under lower limb so heels are elevated and off loaded • Reposition patients to reduce duration and magnitude of pressure over vulnerable areas • Consider dynamic support surface i.e. low air loss, alternating pressure, or air fluidized mattress • Communicate • Provide education and information to patients & carers • Walk, Move, Hoist, prevent | <p>All of the previous plus:</p> <p>PROTECT</p> <ul style="list-style-type: none"> • Use high specification reactive (constant low pressure) foam mattress or an active (alternating pressure) mattress on operating frame below to reduce pressure adequately offloaded. <p>POSITION</p> <ul style="list-style-type: none"> • Provide a pressure reducing support surface if the patient is bedfast or chair fast, preferably dynamic type support surface. • Provide foam wedges for 30 degree lateral positioning. | <p>All of the previous plus:</p> <p>LOOK</p> <ul style="list-style-type: none"> • Full skin inspection daily • Unstageable pressure - discuss with medical staff prior to using alternating air loss, alternating pressure, or air fluidized mattress <p>POSITION</p> <ul style="list-style-type: none"> • Use repositioning plan to communicate frequency of turning | <p>All of the previous plus:</p> <p>POSITION</p> <ul style="list-style-type: none"> • Provide a dynamic air-flow pressure reducing support surface - either low air loss, alternating pressure, or air fluidized mattress |
| REPERALS | <ul style="list-style-type: none"> • Refer to continence adviser if moisture subscale ≤ 1 • Refer to dietician if nutrition subscale ≤ 2 • Refer to physiotherapist if combine score activity & mobility ≤ 7 | <ul style="list-style-type: none"> • Refer to Occupational Therapy for assessment of need or type of pressure reducing device | <ul style="list-style-type: none"> • Wound Consultant if patient has a PI stage 3 or above • Podiatry if patient has a lower limb PI stage 3 or above | |

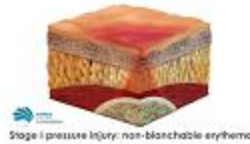


Between the Sheets

Issue 1

Newsletter - May 2013

Do you know the 6 stages of pressure injury?



Stage I pressure injury: non-blanchable erythema



Stage II pressure injury: partial thickness skin loss



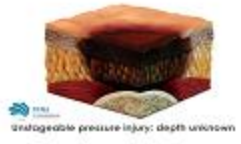
Stage III pressure injury: full thickness skin loss



Stage IV pressure injury: full thickness tissue loss



Suspected deep tissue injury: depth unknown



Unstageable pressure injury: depth unknown

What is Braden????

A screening tool used by BH to assess our patients risk of developing pressure injury.

When do we do Braden on Acute?

- On admission
- Then second daily for duration of inpatient stay



Important Change

The Braden Screening Tool Sticker is to be used for all patients and placed on current observation chart where the urinalysis information goes.

| Braden Scale | |
|--------------------|--|
| SENSORY PERCEPTION | |
| MOBILITY | |
| ACTIVITY | |
| MOISTURE | |
| PERCEIVED PAIN | |
| TOTAL | |

In-service education to follow

Education



Free VAC therapy skills training days.
 Dates - 23rd or the 24th July
 Time - 0830-1600hrs
 Venue - Tutorial room 2
 Monash University Mercy Street.
 Register online at - www.kci-medical.com.au

Your new wound consultant

Barah Ketterer has been seconded from the surgical unit as the new wound consultant for the acute campus at Bendigo Health.

The position is part time working Mondays and Fridays and every second Tuesday.

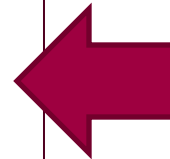
The role is to provide support for all staff in wound care and assist in providing a consistent approach with wound management and product selection.

Contact

Pager - 2824

Mobile - 0418 716 402

Email - sketterer@bendigohealth.org.au



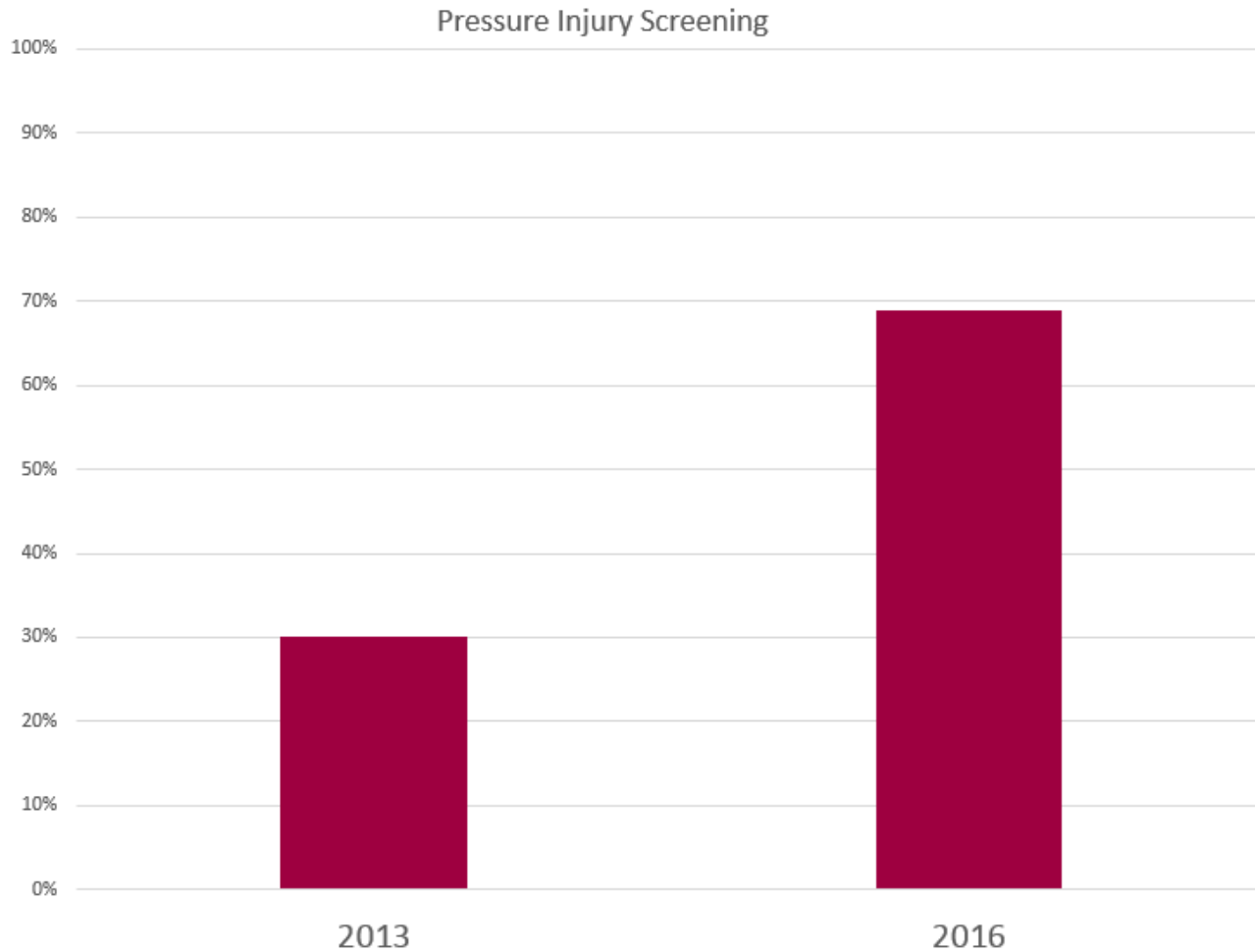
Standard 8 - Preventing and Managing Pressure Injuries



HEALTHY COMMUNITIES AND
WORLD CLASS HEALTHCARE

CARING | PASSIONATE | TRUSTWORTHY

Pressure Injury Screening Data



Improvement in PI prevalence

2014

Skin Inspections revealed 16 % had Pressure Injuries
8 % of those were on patient ears



Between the Sheets

Issue 9 Newsletter – March 2014



Reducing oxygen tubing related pressure injury to ears.

- Aim to secure straps with least amount of tension.
- Replacing soiled devices.
- Ensure good ear hygiene to prevent build-up of sweat and or secretions
- Protect behind helix of ear with barrier creams (Cavalon Barrier or Sudocream).
- May use foams to assist with offloading pressure – be mindful that this may cause further friction and rubbing.
- Monitor site if areas does break down as it can become infected especially in immunocompromised patients.

MESALT:

A sodium chloride-impregnated dressing that helps stimulate the cleansing of moist necrosis (slough) and draining of infected wounds.

Used as a primary dressing.

Can macerate wound edge, so ensure cut to size.

Daily dressing change.

Comes in ribbon or flat

Improvement in PI screening

2014

Skin Inspections revealed **16 % had Pressure Injuries**
8 % of those were on patient ears

2015

Skin Inspections revealed **8% had Pressure Injuries**
NO Pressure Injuries found on patient ears



Increased Engagement & Improved Patient Outcomes

