

Implementing Advance Care Planning and the Medical Treatment Planning and Decisions Act

VHQA Conference May 2018

Advance Care Planning

A process of planning for future health and personal care, whereby the person's values and preferences are made known so that they can guide decision-making at a future time when the person cannot make or communicate their decisions.

A national framework for advance care directives. Australian Health Ministers' Advisory Council, 2011.

Advance Care Planning

Reflecting, thinking, talking, finding out more information

Medical Treatment
Decision Maker

Support Person

Advance Care
Directive

Instructional
Directive

Values
Directive

82% of Australians think it's important to talk to their family about how they would want to be cared for at the end of their life.

Only 28% have done so.

Source: Palliative Care Australia Incorporated

Patients expect clinicians to initiate discussions about advance care planning and end-of-life preferences.

Many doctors feel poorly prepared to conduct end-of-life discussions and do not routinely initiate conversations until late in the course of illness.

Bernacki RE and Block SD. Communication About Serious Illness Care Goals: A Review and Synthesis of Best Practices. *JAMA Intern Med.* 2014;174(12):1994-2003

National Standards: Edition 2

	<h2>Partnering with Consumers</h2> <p>Shared decision-making with patient and/or substitute decision-maker</p>
	<h2>Comprehensive Care</h2> <p>Individualised treatment plan: agreed goals, support people Processes for receiving, storing and documenting ACP End of life care: identify patients; specialist palliative care; staff education, supervision and support; review safety and quality of care.</p>
	<h2>Communicating for Safety</h2> <p>Structured handover process that includes awareness of patient's goals and preferences</p>



Advance care planning: have the conversation. A strategy for Victorian health services 2014-2018

Four priority action areas:

1. Establishing robust systems so that organisations can have the conversation
2. Ensuring an evidence-based and quality approach to having the conversation
3. Increasing workforce capability to have the conversation
4. Enabling the person being cared for to have the conversation

Advance Care Planning in 3 steps

A

- Appoint a MTDM

C

- Communicate your wishes

P

- Put it on Paper

'ACP in 3-Steps' © Northern Health 2009

Medical Treatment Planning and Decisions Act 2016

Governance

- Steering Group
 - Key stakeholders
 - Multidisciplinary
- Policy and Procedure review
 - 60 existing procedures – mostly minor amendments
 - New procedures – e.g. pharmaceutical therapy

Documentation

- State-wide
 - DHHS / OPA templates
- Local
 - Forms review
 - ~ 30 forms: mainly consent forms
 - Nursing Admission Assessment
 - Goals of Care
 - Precinct-wide

Patient management system

- Alerts
 - MTDM / MEPOA
 - Written ACP
- Patient registration sheet
 - MTDM and Support Person



MELBOURNE HEALTH

4031326

Example, Nine (Mr)

DOB: 18/11/1959

Male 58 years, 3 months



Patient Information

Country of Birth	New Zealand	Spoken Language	English
Religion	Catholic	Marital Status	Single
ATSI	NOT Aboriginal or TSI	Occupation	Full Time

Residential Address

2 Kingsland Street
 Brunswick VIC 3055
Phone 9323 3278 **Mobile** 0400123123
Work
Email mrexample@train.com.au

Mailing Address

Patient Contacts

Contact 1 / NOK	Mr David Simpson Relationship Neighbour/Friend 4 Kingsland Street, Brunswick VIC 3055, Australia Comment	Phone 9323 2278 Mobile 0400321321
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Emergency Contact	Mrs Sarah Example Relationship Wife 12 Smith Court, Brunswick VIC 3055, Australia Comment	Phone +64 21 232 278 Mobile +64 400 123 12
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Medical Treatment Planning & Decisions Act 2016

Appointed MTDM	Mrs Jane Example Relationship Daughter 1 Star St, Talbot VIC 3371, Australia Comment Appointed MTDM – paperwork scanned in to patient record	Phone 03 9387 1122 Mobile 040022333
Support Person	Mrs Sarah Example Relationship Wife 12 Smith Court, Brunswick VIC 3055, Australia Comment Wife elderly – lives in Nursing Home	Phone 03 9387 1122 Mobile 0444111222

Insurance Details

Elected	Registered Health Fund	Policy	Insurance Plan	Policy State Date
<input type="checkbox"/>	Medicare – Public Patient	0	Not Specified	30/01/2017
<input type="checkbox"/>	Transport Accident Commission	0	Not Specified	27/02/2015
<input type="checkbox"/>	Medibank Private	1231151534	Top	01/01/2013

Patient Identifiers

Medicare No	23119792811	Pen Concession	1325154ASC
Veteran Affairs	VX1234561	Aged Pension	
Mental Health		Health Care Card	

Primary GP / Practice

Dr Jeffrey Orders Phone 03 9210 1122 Fax 03 9210 9988 Comment	Betta Health Medical Centre 2 Kingsland Terrace Kingsland 1021 New Zealand
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PATIENT REGISTRATION FORM



IP1C

Education

- Health Practitioners
 - ~70 presentations
- ACP Champions
- Ward/administrative Clerks
 - iPM changes
 - Organisational obligation
- Consumers
 - ACP information updated
 - National ACP Week information stall

Communication strategy

- Weekly updates in Bulletin
- Monthly articles in newsletter
- Emails to senior medical staff
- Intranet and Internet
- Screen savers

Legislative Compliance

- Acts and regulations administered by DHHS related to public health, mental health, health services provided to Victorians.
- New MTPD Act = new legislative requirements
 - Are there controls in place to ensure that before a health practitioner administers medical treatment to a person who does not have decision-making capacity to make the medical treatment decision, the health practitioner makes reasonable efforts in the circumstances to ascertain if the person has either or both of the following:
 - an advance care directive;
 - a medical treatment decision maker?
- Compliance Result
 - Yes / No / NA & Current Risk Rating
 - Current Controls
 - Identified Gaps and Actions Required

Collaborative approach

- Precinct
 - Consent
 - Advance Care Planning
 - Goals of Care
- Primary and Community care providers
 - NWMPHN Roles and Responsibilities booklet
<https://nwmphn.org.au/clinical-community/advance-care-planning/>
 - Outreach education
 - Consumer education

